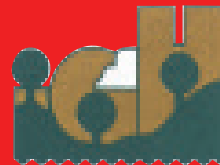


The Grove Aquatic & Fitness Center Inver Grove Heights Parks & Recreation



Grove On The Go

Join Grove Personal Trainers
Ulice Payne and Joanna Cheyka
for fitness drills, circuits, games and fun!

This activity will help your child develop motor skills
and release energy after school in a positive and safe environment.



Wednesdays, 3:45-4:45 pm
Salem Hills Elementary, IGH
Oct. 26-Nov. 16

Thursdays, 3:45-4:45
Hilltop Elementary, IGH
Oct. 27-Nov. 17

Tuesdays, 3:45-4:45 pm
Pine Bend Elementary, IGH
Oct. 25-Nov. 15

Cost per session:
4 sessions - \$40
15% military discount

To Register:

Online: www.tridistrict.thatscommunityed.com

By Phone: 651-306-7870

In Person: Visit us at 3203 68th St. E., IGH

By Mail: IGH District Office, Community Education
2990 80th St. East, IGH, MN 55076

