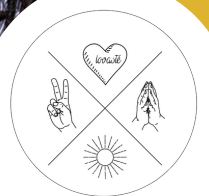


Adrian Michael

Dakota County Public Health, Statewide Health Improvement Partnership (SHIP) in partnership with Dakota County Public Libraries presents a **cross-cultural, resiliency-focused learning opportunity with Adrian Michael Green.**

FREE AND OPEN TO ALL COMMUNITY MEMBERS AND PROFESSIONALS. YOU MUST PRE-REGISTER TO RESERVE A SPOT



TUESDAY MAY 3 AT 5PM CST

Cross-Cultural Communication + Resilience: Leveraging Assets with a Trauma Informed Approach

everyone has a story and perspectives that bring value to the community. however, those stories and perspectives can be diminished or feel unwelcome when different cultural norms and power dynamics are at odds, misunderstood, and unappreciated. in this interactive session participants will reflect on their communication style, its connection and impact across relationships, get equipped with effective ways to communicate better with a trauma informed approach and walk away with greater empathy for those who carry differing communication preferences.

TUESDAY MAY 17 AT 5 PM CST

What's Your Responsibility: Purpose, Belonging, and Joy in Every Space You Occupy

social connectedness is a marker of success in communities that prioritize diversity and wellbeing. it increases meaningful involvement and empowers people when they can bring and be their full selves without feeling like they have to leave parts of who they are on the margins. this takes understanding one's purpose and having authentic curiosity to learn about the purpose of others to help foster joy and a sense of belonging instead of feeling disconnected from those you are in community with. in this interactive session participants will reflect on their identity and purpose, learn about the principles of belonging, and share their joys by using an equity and human centered framework.

REGISTER HERE



Use phone camera to scan QR code to register. You can also visit <https://dakotacountylibrary.libcal.com> to register for both events.

