



Get Involved!

Parent Support Group for Children with Special Needs

Where: Therapy OPS
2925 Buckley Way,
Inver Grove Heights, MN 55076

When: The last Monday of each month
from 6:00-8:00pm

There is no charge. Please pre-register but walk-ins are always welcome. Contact Therapy OPS at 651-455-0561 or info@therapyops.com to register or ask questions.

Networking groups support parents and caregivers!

Networking groups give parents and caregivers of children and adults with intellectual and developmental disabilities a place to share information, resources and emotional support.

Therapy OPS hosts a networking group that is led by a parent of a child with disabilities, and includes people who understand the issues that parents face.

It's people like you, coming together with important questions, experience and expertise, who continue to build a strong community for others to lean on!