

Youth Grief Services



Grief support group for children and families

Families with children and teens who have experienced the death of a loved one are invited to participate in a free, seven-week grief support group. We incorporate fun, healing, and age-appropriate activities to help the entire family through the grieving process.

Children and teens, ages 4 through 18, are divided into groups by age. While children and teens are meeting, support is offered simultaneously for their parent(s) and/or caregivers.

The grief support group is free to join, but registration is required.

Upcoming groups

Mondays, Feb. 3-March 16 | 6:30-7:30 p.m.

First Lutheran Church, 1555 40th Avenue NE, Columbia Heights, MN 55421

Tuesdays, Feb. 4-March 17 | 6:30-7:30 p.m.

Fairview Ridges Education Center, 152 Cobblestone Lane, Burnsville, MN 55337

Contact

For more information or to register, email Katie Eisold, keisold1@fairview.org, or Jenny Simmonds, jsimmon3@fairview.org, or call 952-892-2111.

About us

Youth Grief Services is a free community service of Fairview Health Services, a nonprofit integrated health system. Our work reflects Fairview's mission to heal, discover, and educate for longer, healthier lives. Learn more at fairview.org/youthgrief.